

**DEPRESSION OF SASANA IN OKKY MADASARI'S *BOUND*(2013):
A PSYCHOLOGICAL APPROACH**



RESEARCH PAPER

**Submitted as a Partial Fulfillment of the Requirements
for Getting Bachelor Degree of Education
in English Department**

by

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MUHAMMADIYAH UNIVERSITY OF SURAKARTA**

2019

APPROVAL

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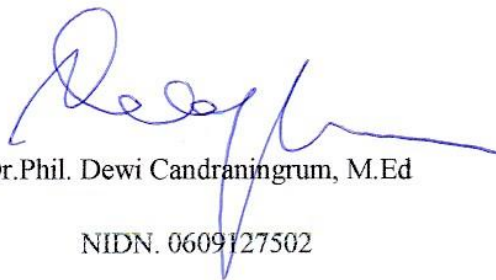
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**DEPRESSION OF SASANA IN OKKY MADASARI'S *BOUND*(2013): A
PSYCHOLOGICAL APPROACH**

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Herewith, I testify that in this research paper there is no plagiarism of the previous literary work which has been raised to obtain bachelor degree of University, not there are option of masterpiece which have been written or published by others, expect those in which writing are reffered manuscript and mentioned in the literary review and bibliography.

If later, the result of this research is proven as plagiarism, I will fully responsible and willing to accept sanction in according with applicable regulation.

Surakarta, September 2019

The writer,



FAKHRUDIN TULUS SHOFAWI

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MOTTO

Life is a game, play it; Life is a challenge, Meet it; Life is an opportunity, Capture it.

“Ketika dunia jahat kepadamu, maka berusahalah untuk menghadapinya, karena tidak ada orang yang membantumu jika kau tidak berusaha.”

Roronoa Zoro

DEDICATION

This research paper is especially dedicated to:

Allah SWT

My beloved and greatest parents (Bapak Budijono and Ibu Ratmini)

My beloved brother (Rifai, Adit, Teddy)

All my big families, and

All my friends.

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The reseacher really wishes that this research paper would help the other researchers who are interest in analyzing textbook in the future. The writer also realizes that this research paper still need constructive criticism and suggestion. The writer welcomes for it.

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Surakarta, September 2019

The reseacher

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Abstract

This study explains depression of Sasana in *Bound* novel. This study clarifies the symptoms of depression. This study also shows how depression is depicted in the novel, and shows the reason of Okky Madasari why he took depression in the novel. This research is qualitative research. This research was analyzed by using psychological approach. The primary data source was taken from *Bound* novel by Okky Madasari. The secondary data source was other source that related to the primary data. The result of the study showed the following conclusions. First, there were four symptoms of depression such as emotional symptoms, cognitive symptoms, motivational symptoms, and physical symptoms. Second, depression was depicted in the novel through character and characterization and through events. Third, the reason why Okky Madasari raised depression in his novel was reflect as well as to criticize the social society in that era.

Keywords: bound, depression, psychology

Abstrak

Penelitian ini menjelaskan depresi pada karakter Sasana pada novel *Bound*. Penelitian ini menjelaskan gejala-gejala pada depresi. Penelitian ini juga menunjukkan bagaimana depresi tergambarkan pada novel, dan untuk menunjukkan alasan Okky Madasari mengapa dia mengambil isu depresi di novel. Penelitian ini adalah penelitian kualitatif. Penelitian ini dianalisis menggunakan pendekatan psikologi. Sumber data utama yaitu dari novel *Bound* oleh Okky Madasari. Sumber data kedua yaitu dari sumber lain yang berkaitan dengan data utama. Hasil dari penelitian ini memberikan kesimpulan. Pertama, ada empat gejala dari depresi seperti gejala emosi, gejala kognitif, gejala motivasi, dan gejala fisik. Kedua, depresi tergambarkan pada novel melalui karakter dan perwatakan, dan melalui peristiwa. Ketiga, alasan mengapa Okky Madasari mengangkat depresi pada novelnya yaitu untuk refleksi sekaligus kritik sosial masyarakat pada masa itu.

Kata Kunci: bound, depresi, psikologi